

# Independent Evaluation Produces Exciting Findings

An independent evaluation finds that m2m's Mentor Mother Model improves maternal and infant health outcomes and psychosocial wellbeing. At the same time, it achieves significant savings by preventing paediatric HIV infections, thereby reducing treatment costs.

"These are very significant research findings for mothers2mothers. They provide us for the first time with concrete evidence of something we have long believed -- that m2m's Mentor Mother Model is both programmatically and cost beneficial," said m2m President and CEO Frank Beadle de Palomo.

Funded by Johnson & Johnson, the study examines m2m's Mentor Mother programme in Uganda, which has operated since 2010 under the Strengthening TB and HIV & AIDS Response in East Central Uganda (STAR-EC) programme. Researchers collected information from 62 health facilities in Uganda that were divided into two groups: 31 of the health facilities were supported by m2m's Mentor Mothers programme while another 31 control health facilities did not have an m2m presence.

To read the summary of the evaluation, [click here](#). Below are some of the highlights:

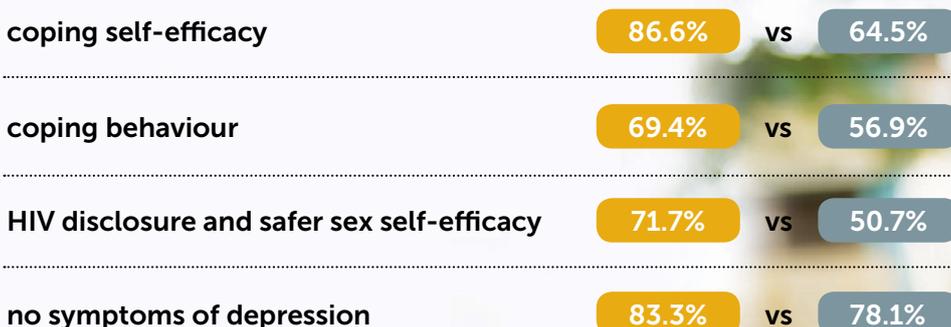
 **m2m's Mentor Mother programme has a significantly positive impact on maternal and infant prevention of mother-to-child transmission (PMTCT) outcomes, compared to outcomes at health facilities with no m2m presence, including improved:**



 **m2m's programme contributes to significant reduction in mother-to-child HIV transmission rates:**

Reduced mother-to-child HIV transmission rates 18 months after birth **6.8%** vs **8.7%**

 **Women who receive support from Mentor Mothers have significantly greater psychosocial wellbeing, compared to those who do not, including:**



The m2m Mentor Mother Model has a high return on investment when comparing the significant benefits of the programme to the costs required to implement it:



If m2m's programme were to be implemented on a national level in Uganda:

