

# mothers2mothers

Empowered Mothers Nurture Healthy Families



mothers2mothers (m2m) is an African-based not-for-profit organisation that uses a simple and effective model to prevent the spread of HIV from mothers to babies and improve the health and well-being of mothers, babies, and families. We **train, employ, and empower** mothers living with HIV, who work as Mentor Mothers in health centres and within communities, providing lifesaving education and one-on-one support to HIV-positive pregnant women and new mothers.



## The Opportunity

Almost 700 children are infected with HIV daily. Most of them live in sub-Saharan Africa and most acquire HIV from their mothers during pregnancy, childbirth, or breastfeeding. We believe this outcome is unnecessary and unacceptable. Effective, inexpensive medical interventions can prevent the spread of HIV to babies and protect mothers' health. Yet, in under-resourced health clinics, medicine doesn't equal medical care.

## Mentor Mothers

Because of their expertise and contribution to their communities, Mentor Mothers are respected role models whose positive example counters HIV-related stigma and who gain economic security for themselves and their children through their employment.

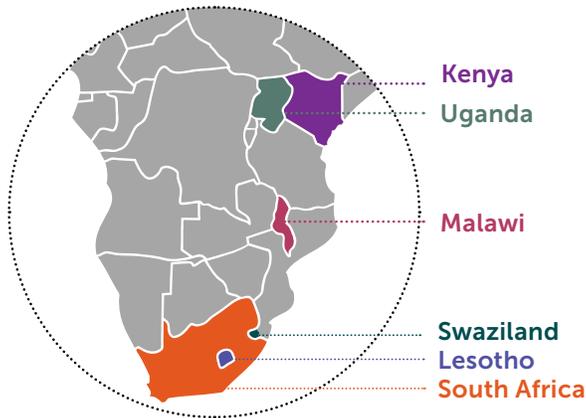
## Our Impact

Since our founding, we have reached more than 1.3 million HIV-positive mothers in nine countries in sub-Saharan Africa with lifesaving education, support, and empowerment. We are a leader in the global effort to eliminate new HIV infections among children and protect the health of mothers.

We believe that defending **healthy** motherhood is **essential** and **ending** paediatric AIDS is **possible**. The time for both is **now**.

# Our Achievements In-Country

Where data is available, performance at sites with an m2m presence surpassed almost all national rates.



HIV-positive women taking ARVs/ART during pregnancy

	Nationally*	m2m clients
Kenya	53%	96%
Lesotho	58%	94%
Malawi	60%	92%
South Africa	83%	98%
Swaziland	83%	94%
Uganda	72%	97%

Babies born to HIV-positive mothers who received ARVs prophylactically

	Nationally*	m2m clients
Kenya	57%	91%
Lesotho	not avail.	96%
Malawi	54%	95%
South Africa	84%	99%
Swaziland	69%	91%
Uganda	not avail.	85%

Babies born to HIV-positive mothers tested at 6-8 weeks to determine if they had been infected with HIV

	Nationally*	m2m clients
Kenya	39%	92%
Lesotho	not avail.	90%
Malawi	4%	85%
South Africa	85%	92%
Swaziland	81%	76%
Uganda	not avail.	96%

\*Global Report: UNAIDS Report on the Global AIDS Epidemic 2013



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