

THE FASHION DESIGNER (AND FORMER SPICE GIRL) TURNS 40 ON APRIL 17

- 1. I believe in karma.
- 2. The first record I bought was Duran Duran's Rio in 1982.
- 3. It's important to have good manners and take off your makeup before bed.
- 4. I would love to go skiing in Gstaad.
- 5. If I had more time, I would read more—and finish all the books I've ever started.
- 6. I like to squeeze grapes underfoot at our vineyard



7. My proudest achievements are my four children.

- 8. When I was a teenager, I dreamed about being on the cover of Vogue magazine. I have now appeared on 12 international Vogue covers.
- 9. Someday I would love to run a marathon.
- 10. My favorite thing to bake is brownies.
- 11. What you don't know about me is that I laugh a lot.
- 12. I once had a part-time job working in a department

store as a perfume girl spraying a fragrance by Yves Saint Laurent.

- 13. I am currently working with the UNAIDS (Joint United Nations Programme on HIV/AIDS) and mothers2mothers charity to help raise awareness of the fight to eradicate mother-tochild HIV transmission.
  - 14. My favorite celebrity meeting was Sarah Jessica Parker, who was lovely, warm, funny, stylish—and a wonderful mother.
  - 15. I like to drink a glass (or two) of red wine.
  - 16. My movie idol is Audrey Hepburn.
  - 17. My favorite flowers are dark red roses because they smell intoxicating.
  - 18. I like to snack on seaweed rice cakes.
  - 19. My favorite TV show is still Sex and the City.
  - 20. I met David Beckham in 1997.
  - 21. I would love to have dinner with Hillary Clinton.
  - 22. My favorite color is black, but I like a splash of orange too.
  - 23. I enjoy hiking and horseback riding in the canyons of Los Angeles.
  - 24. I attended the Sing-a-Long Sound of Music at the Hollywood Bowl.
  - 25. I am a huge fan of Barbra Streisand.
  - 26. I collect crystals and place them around my home and office to create positive energy.



- 28. I also collect books on art and photography.
- 29. My favorite fruit is lychee.
- 30. My go-to beauty product is a nude Stila Lip Glaze.
- 31. In 2009 I modeled for an Armani underwear campaign so that when I'm 50, I can look back and say, "Hey, I didn't look too bad after having three kids."
- 32. I recently raised £45,000 for charity by auctioning off a personal fitting at my studio.
- 33. I am inspired by my children, travel and working mothers.
- 34. I wear glasses to watch TV.
- 35. In 1997 I met Nelson Mandela.
- 36. I work out at 6 a.m., five days a week.

## 37. I'm a terrible driver.

- 38. What I love about America are the positive people and the warm sunshine of L.A.
- 39. My secret snack is popcorn.
- 40. I adore London in the spring: The blossoms on the trees are so pretty!